



# heart to heart

DO JUSTICE,  
LOVE KINDNESS,  
WALK HUMBLLY



# HISTORY

In 1986, a group of First Community Church members gathered to develop a congregation-wide mission project to put their faith into action. As a result, Project Adelphos was established connecting volunteers with needs in the community. The name was changed to Heart to Heart to better reflect the goal of uniting individuals one-on-one. Through the commitment and passion of FCC members, volunteers, and the local community, Heart to Heart has grown from a congregational mission to a valuable community resource.

# MISSION & VISION

The mission of Heart to Heart is to respond to God's commandment to love one another.

The vision of Heart to Heart is to model God's love by:

- Cultivating a loving community
- Honoring individual gifts
- Feeding bodies and souls
- And seeing everyone as a child of God.

# MONTHLY DONATION CALENDAR

January	Soups
February	Peanut Butter & Jelly
March	Shelf Milk
April	Canned Fruits & Vegetables
May	Diapers
June	Tuna
July	Toilet Paper & Toiletries
August	Pudding & Jell-O Cups
September	Feminine Hygiene Products
October	Peanut Butter & Jelly
November	Stuffing
December	Diapers

# GIVE

We stretch your donated dollar farthest by shopping at the Mid-Ohio Foodbank. For every \$1 donated, we are able to distribute \$11 worth of groceries to those we serve. You can donate in person, by mail or online at [FCchurch.com/heart-to-heart](http://FCchurch.com/heart-to-heart).

You can also choose to use the monthly donation calendar on the bottom left page to donate non-perishable items. Both North and South Campus have collection bins and you can always drop off at Heart to Heart.



# VOLUNTEER

During pantry hours:

- Check in Clients
- Client Shopper
- Bagging

You can also volunteer to:

- Stock Shelves
- Pickup and unload the truck from the Mid-Ohio Foodbank.
- Work in Seeds of Hope Garden

# ADVOCATE

Help promote hunger awareness by holding a food drive. Contact the Missions office at (614) 488.0681 ext 203 to invite a representative from Heart to Heart to speak with your group. We can help you figure out how to best use your gifts to support our hungry neighbors.

*Have a specific passion or talent not listed? Let us know and we'll find a place for you to help out.*



# FOOD PANTRY INFORMATION

**Open Tuesdays and Thursdays**  
**8:30 am - 1 pm**

**Community Outreach Building**  
**First Community Church**  
1944 W. 1st Avenue, Columbus OH 43212

- One visit every 30 days & walk-ins welcome
- No zip code requirement
- ID required (photo ID for adults, birth certificate or insurance card for children)
- Proof of address (a piece of mail) also required for each adult in the household
- Referrals to other foodbanks or agencies as needed
- All are welcome regardless of religious tradition
- COTA bus lines #19 and #5
- Ohio Benefit Bank Site

## CONTACT INFORMATION

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